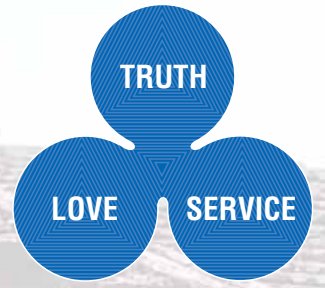


# Friends of VSSM & Dharampur

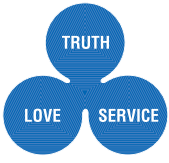
Annual Report – 2020

This FVD report is dedicated to all Donors



तेन त्यक्तेन भुञ्जीथा

They enjoy by giving / donating / renouncing



ईशोपनिषद्

ॐ ईशा वास्यमिदं सर्वम्  
यक्तिञ्च जगत्यां जगत्।

**तेन त्यक्तेन भुञ्जीथा**

मा गृधः कस्यस्विद्धनम् ॥

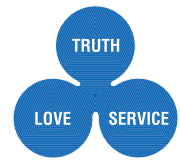
Ishopanishad was considered by Mahatma Gandhi as the most important spiritual literature. Above mentioned shlok is from Ishopanishad. Explaining entire shlok will take a full essay. In this report we are focussing only on one phrase from the shlok. "Ten Tyakten Bhunjitha" तेन त्यक्तेन भुञ्जीथा "They Enjoy by Giving/Donating/Renouncing"

It is a principle of philosophy that –

When one person helps another person out of love and without any expectation; then both the persons are helped tremendously. The **Win-Win principle is a law of philosophy**. You just can't help another without yourself getting immense help. But this equation is not apparent. It is not like a commercial transaction where you pay money & at an agreed time, get agreed product or service. In the law of Karm: the timing of result; the form and manner in which result will be received; the source from whom the help will be received etc. are unknowable. Hence Geeta says – कर्मण्येवा अधिकारस्ते मा फलेशु कदाचन. You will certainly get results. But when, how etc. are unknowable.

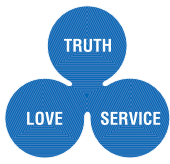
The help/ joy that he will get will not be just equal to or proportionate to what he did. It can be a help at most critical times; a joy that gives peace & sense of security= fearlessness (निर्भयता). Over a period, the person who is sacrificing for others will realise that god loves him and takes care of him. What more can anyone hope?

Hence it is said that – they (spiritually evolved individuals) enjoy by giving/helping/serving others. तेन त्यक्तेन भुञ्जीथा.



## Contents

No.	Details	Page No.
1	Tena Tyakten Bhunjitha	
2	Contents Page	1
3	Programmes for 5th & 12th December	2
4	Oshonic Vision for the Blind Welfare Society <i>Shri Bhavesh Bhatia &amp; Smt. Neeta Bhavesh Bhatia</i>	3
5	Borderless World Foundation (BWF) <i>Adhik Kadam</i>	6
6	Vicharta Samuday Samarthan Manch <i>Ms. Mittal Patel</i>	11
7	Sarvodaya Parivar Trust <i>Sujata Shah</i>	20
8	Malvi Educational and Charitable Trust, Kukeri. Shantaba Vidyalay (School) & Vatsalyadham (Hostel) <i>Shri Parimal Parmar</i>	28
9	ARCH Action Research in Community Health <i>Rashmi Kapadia &amp; Team, Dharampur</i>	33
10	Avalkhandi Kelvani Trust <i>Shri Kantibhai Choudhary &amp; Shri Navinbhai Ganvit, Dharampur</i>	40
11	Vanpath Trust <i>Shri Bhikhubhai Vyas &amp; Smt. Kokibahen Vyas Dharampur, Valsao</i>	47
12	Thanks to Donors	50
13	List of Core Group Members	56



## Programme Schedule

December 5th, 2020. 5 p.m. to 6.30 p.m.	
Opening Remarks and Introduction of the Charitable Trusts	5.00 to 5.15 p.m.
1. <b>Oshonic Trust for Blind. Mahabaleshwar.</b> <i>Shri Bhavesh Bhatia</i>	5.15 to 5.25 p.m.
2. <b>Borderless World Foundation. Kashmir.</b> <i>Shri Adhik Kadam</i>	5.25 to 5.50 p.m.
3. <b>Vicharta Samuday Samarthan Manch. Gujarat.</b> <i>Smt. Mittal Patel</i>	5.50 to 6.15 p.m.
Open Discussions amongst Donors & Trustees – Questions & Answers	6.15 to 6.25 p.m.
Closing Ceremony & Vote of Thanks	6.25 to 6.30 p.m.
December 12th, 2020. 5 p.m. to 6.30 p.m.	
Opening Remarks and Introduction of the Charitable Trusts	5.00 to 5.10 p.m.
4. <b>Presentation on Sarvodaya</b> <i>Ms. Sujata Shah</i>	5.10 to 5.30 p.m.
5. <b>Malvi Educational And Charitable Trust.</b> <b>Kukeri. Navsari</b> <i>Shri Parimal Parmar</i>	5.30 to 5.50 p.m.
6. <b>Presentation on ARCH</b> <i>Ms. Ruchita</i>	5.50 to 6.10 p.m.
7. <b>Presentation on Avalkhandi</b> <i>Shri Kantibhai Chaudhari</i>	6.10 to 6.20 p.m.
Open Discussions & Vote of Thanks	6.20 to 6.30 p.m.

## Oshonic Vision for the Blind Welfare Society

Shri Bhavesh Bhatia & Smt. Neeta Bhavesh Bhatia.....



Here is an amazing couple. Bhaveshbhai lost his eyesight at an early age of 23 years. His parents were poor and lived in a village. It was a tough job to support his life. Somehow he started selling candles on footpath outside Church at Mahabaleshwar. How Neeta, a young graduate from Mumbai fell in love with a blind hawker is like a story from the films. But for us, it strengthens the belief that – when a person is destined to work for the society, God sends all kinds of help including unbelievable helps. Now Neeta Bahen is the strongest support for Oshonic works.

A chartered accountant from Pune CA Shri Abhay Bagmar gave his land outside Mahabaleshwar city limits, in village Moreshwar on Mahabaleshwar - Satara Road. Since then Bhaveshbhai has started his candle making workshop at Moreshwar. He is training blind individuals in making candles, selling them and running a proper shop. At Mahabaleshwar some kind organisations have given him space for putting up stalls. Oshonic also maintains a Wax Museum at Mahabaleshwar. Tourists purchase their candles. Some companies purchase their candles & distribute as Diwali or other gifts. Candles with a wide variety of designs and price range are available. By now he has helped almost 3,000 blind people become financially independent.

Bhaveshbhai started his candle workshop in sole proprietary concern – **Sunrise Candles**. Around the year 2012 he incorporated a charitable society – **Oshonic**

– for providing vocational training to blind persons. It runs a hostel for blind students – boys and girls. Free food, accommodation and honorarium are provided to the blind students. They learn candle making & running a shop. Thus a person coming out from Oshonic Institution is well equipped for an independent life.

Oshonic freely provides such training to any NGO, any institution that wants to learn candle making process. Sunrise Candles is a commercial concern for selling candles. Oshonic is a charitable society for Vocational training.



*Blind girls & boys learn candle making.*

Bhaveshbhai has done his M. A. in Economics as well as in Psychology. He is a sportsman and has received more than a hundred awards as sportsman. He loves tracking in mountainous terrain. When he sings old Hindi film songs, it seems as if popular singer Mukesh is singing.

He runs a blind orchestra. This is also an employment generation work for the welfare of the blind. His hostel also has sports facilities for the students.



*Blind people making Candles*

During lock down – since March 2020 sales at all his shops reduced to zero. FVD donors generously helped & now Oshonic is out of troubles. The sales have started and they do not want any further

donations. Purchase of candles are most welcome. This spirit of independence and a keen desire to help all – are the reasons why Bhaveshbhai has got several awards including three awards from The President of India.

We sincerely appeal to all those who can: “Buy the beautiful candles from Sunrise Candles.” Their literature is available on their website: [www.oshonicvision.com](http://www.oshonicvision.com) They can be contacted on telephones & emails.

Shri Bhavesh Bhatia: Phone: 94055 49388; 94220 34729.

• [info@sunrisecandles.in](mailto:info@sunrisecandles.in), [bhaveshcbhatia@gmail.com](mailto:bhaveshcbhatia@gmail.com)

Smt. Neeta Bhatia: 98506 00634. • [bhatiabneeta@gmail.com](mailto:bhatiabneeta@gmail.com)

Bank Details are not given as Oshonic is not asking for donations. However, if you want to support vocational training to the blind students, Bhaveshbhai will provide full details.



## Borderless World Foundation (BWF)

— Adhik Kadam

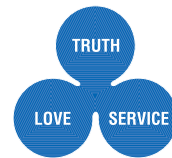


*Adhik Kadam & His fiancée Ms. Nighat*

Adhik Kadam, a farmer's son from Maharashtra went to Kashmir in the year 1997 at the age of 19 years, saw the plight of common men hit by terror & violence in Kashmir. He stayed in Kashmir to serve the victims of terror. He worked with several NGOs for a few years. Finally, in the year 2002, Adhik & his cousin Ms. Bharati Mamani set up a trust in Pune – Borderless World Founda-

tion. Under this trust they have set up four hostels in different parts of Kashmir & Jammu. All hostels are for orphan girls. His focus is on orphan girls because in a terror situation, the girls are the worst victims.

However, the Muslim Mullahs & terrorists suspected a Hindu boy running an orphanage for Kashmiri girls. He was picked up by terrorists, tortured & interrogated. Terrorists released him when they realised that Adhik was genuinely serving the common people of Kashmir. Then military & police doubted him. Over all Adhik has faced danger to his life nineteen times in last twenty three years. With his pure heart & commitment to serve, he has been able to convince all suspicious people that he is innocent & committed person serving Kashmir. Today the Kashmir Government, police and military – all trust Adhik & BWF; and help him. Adhik also does many works which the military cannot do. For example, military has set up schools in Kashmir. But they have requested BWF to manage the schools. Military can spend money on welfare. But cannot spare men to run schools.



Once Kashmir was known as Heaven on Earth, most beautiful place on earth. Today the life has become a hell. People constantly live under terror. Any day, any family member can get killed. Or, the men in the family may be sucked into terrorism. Children become orphans. Women are also helpless. BWF is trying to give shelter to the orphan girls, provide education, take them to various cities in India and give them exposure. By now the trust has been working for eighteen years. Many girls have qualified and found independent jobs. Many are still studying in different colleges all over India.

### **BWF HOMES:**

Presently there are four shelter Homes called Basera-e-Tabassum (meaning Abode of Smiles) in Kashmir valley and one in Jammu called Fah (Facilitate and Accomplish with Humility) mainly for the orphaned Kashmiri Pandit girls.

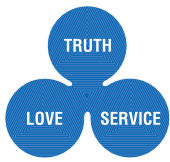
### **Basera-e-Tabssum (Abode of Smiles)**

1. Srinagar
2. Anantnag
3. Kupwara
4. Budgaum

### **FAH (Facilitate and Accomplish with Humility)**

5. Jammu

All the Homes are in rented buildings. The girls study in local schools and some are already married and settled. A number of girls are studying outside J&K in Pune, Nasik, Baramati, Bengluru and Kanyakumari. They aspire to gain knowledge and return to their home state to help the community in general and other girls in particular.



### **BWF HOSTELS:**

BWF's endeavor is to build at least five larger shelter homes in the form of hostels for about 250 to 300 girls in state of Jammu & Kashmir. This project has been initiated with acquisition of land near Jammu. The building is progressing very well and expected to be completed by within a year.

### **WOMEN'S WELFARE:**

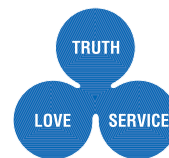
In the context of Women welfare and empowerment besides conducting periodic health check-up camps BWF also conducts various training courses like sewing, embroidery, sanitary napkin making, adult literacy, etc. with help from various organisations.

### **HEALTHCARE:**

In the area of health care, first time in the history of the J&K region, BWF has made 10 fully equipped ambulances available providing emergency medical and trauma care services for the larger community for better health and crisis management. Some of the ambulances are handed over to Border Security Force for use of their staff and the population in the border areas. These ambulances have saved lives of common men and reduced some anger. Common men are fully supportive of BWF. They are trying their best to acquire more such emergency care ambulances through corporate funding and intend to provide to Army units in the area for operation in J&K.

### **EDUCATION:**

BWF have recently taken over an establishment named 'Udaan School and Rehabilitation Centre' for special children; started, run by Army under 'Sadbhavana' project and located in a unit at Kupwara. It is pertinent to mention that a survey revealed that there are more than 35000 such special children in Kupwara district itself. Presently only about 30 children are enrolled in the school. There is a huge need for many such NGOs working in Kashmir and a huge



support from all over India – and the world to resolve this crisis. Four teachers employed are undergoing special training at Nasik, Maharashtra. BWF intends to enrol at least 30 to 50 more needy children by enhancing the facility in the school.

### WORK DURING COVID-19 PANDEMIC:

BWF volunteers are working relentlessly during COVID 19 pandemic in the state of J&K. They ran awareness drive by using a vehicle mounted information board and public address system by going in to the interiors of various districts to inform the people about precautions and testing facilities of the epidemic.

BWF prepared about 500 food and grocery kits and distributed to the needy in interior villages, Number of vials of preventive Homeopathic medicine were prepared and distributed with proper instructions.

Recently BWF started stitching classes for ladies in Tanmarg, Dist Barmulla and Kokerbag, Khag, Dist Budgam in Kashmir valley, with sewing machines and computers. The response was over whelming and there is a demand for more such projects from ladies and help from government officials also. BWF is trying to venture into more such units with the help from our generous donor friends.

Overall, Adhik’s Borderless World Foundation is a strong ray of hope in the terror struck union territory. We pray God for a great success in providing loving relief to the people in Jammu & Kashmir.

#### Adhik Kadam Contact:

Phone numbers	:	91496 57859; 94223 23569
Email address	:	adhikadhik@gmail.com and bwfindia@gmail.com

Note: In Kashmir mobile phone reception & internet connection are unreliable. If you telephone Adhik & he can’t reply, please leave a message. He will contact when practical.

BANK DETAILS	
Name of the Account	: Borderless World Foundation, Kotak Mahindra Bank, Sadashiv Peth, Tilak Road, Pune.
Saving Account No.	: 4212625624
IFSC Code	: KKBK0001755



*After Twenty one years in Kashmir today Indian military trusts Adhik & helps his NGO – Borderless World Foundation.*

## Vicharta Samuday Samarthan Manch

— Ms. Mittal Patel .....



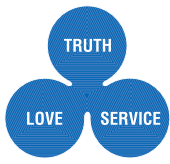
We have always given Mittals' photos as a rustic field worker. Here is her photo as a normal family person. Her husband Maulik has also joined as a Trustee of VSSM.

When Mittal communicates she does not communicate just by words. Her whole body language, expressions and the smile on her face ensure that her message goes to our heart. Right from a poor nomad to a donor to PM Shri Narendra Modi – every one listens to her & trusts her.



*She has the same magic of communication in her writing. Her book "Men without Address" (સરનામાં વિનાના માનવીઓ) published by Navjivan Trust, Ahmedabad is extremely popular. Within two months of first publication of one thousand copies, the Publisher had to publish additional three thousand copies. Those who can read Gujarati will find this book extremely interesting.*

I personally thank God for gifting me Mittal Patel – a ready made daughter - at my ripe age of 60 years (in the year 2010). In corporate language I should disclose my personal interest. Since I consider Mittal as my daughter all my observations about her



could be biased. But rest assured, I am a tough disciplinarian man. (Ask my sons & they will agree.) Mittal has got more firing from me in last ten years than what her real father & mother would have given her in her whole life. When it comes to donations, I become impartial.

In our philosophy it is said that at the age of sixteen years, children become friends. Then parents have no right to advise or instruct children. I have violated this principle and gave a lot of instructions to Mittal though we met when she was already 30 years. But that time has gone. Today she is an international personality with tremendous expertise & a huge work load. Now she is independent. Now I can neither advise her nor instruct her. But I do have a look at her work from the view point of representing FVD donors. This function we do even for trustees aged 80 years & above. Independence of every NGO from FVD Core group is the desire of the Core Group. We are happy that almost all NGOs are getting help from several sources and are not dependent on one source.

With God's kind grace and her commitment to help the poor, she is getting great help from donors, from State & Central Governments. And the poor people who had resigned to their miserable lives have a dream in their eyes. More & more adults are being successful in leaving the poverty behind and are becoming successful businessmen/women. We sincerely thank God for the great success that Mittal Patel is getting in helping the poor.

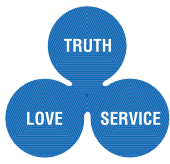
And yet, Mittal's life is still not free from 12 hours work a day. The society's hatred towards nomadic & denotified tribals is only slightly reduced. Mittal & her field workers have to still work hard to help the tribals.

VSSM today works in many fields. This one collage of photos indicates her works.



## Human Dignity

VSSM is putting in efforts to ensure nomadic and de-notified families receive proper citizenry documents. For example, Ration Cards, Voter ID Cards, Birth Certificates, Caste Certificates and so on. These documents are important for the nomadic people to prove their identity and to connect them to various government welfare schemes. The initiative is carried out under our Human Dignity programme. It aims to provide dignified life to the marginalised community. VSSM has been instrumental in bringing changes and thankfully, government is listening to VSSM representations & even improving the policies relating to these tribals.



### Help in Lockdown- Ration Kit Distribution

Following the Covid-19 Pandemic lots of daily wage earners suffered food insecurity. In order to help people during this crisis, VSSM carried out kit distribution in two phases.

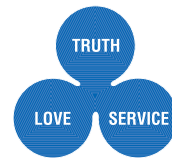
In first phase of 21 Days of lockdown, the government authorities were appraised about the location and details of the needy. These tribals live outside villages & during disaster relief programmes normally they do not get any reliefs from Government. This time VSSM informed & Government responded by reaching out to 25,000 families and provided food support in lockdown. In Rajkot, Palanpur, Amreli and Ahmedabad, the food was provided through the community kitchens on the basis of the information provided by VSSM. In the second phase of the lockdown, VSSM directly reached to the people with the help of the donors. The contents of the kit helped the family survive for at least 10 days.

The kits worth ₹ 70.43 lakh were distributed. The distribution was carried out in the months of April and May 2020. VSSM could distribute to 17,497 Ration Kits. Out of these, 9919 kits were distributed by VSSM (the cost was incurred by VSSM). 7578 kits were provided readymade by our well-wishers.

What about the period after May? Well, in most parts of villages & towns economic activities have largely resumed after May, 2020.

### Swavlamban- Livelihood Programme (Self Employment)

The Swavlamban Program was launched in March 2014. It was a response to mitigate the challenges that the nomadic families face for earning a dignified living. Under the program, VSSM offers **interest-free loans** to individuals and families from nomadic communities willing to start their own independent ventures. The initiative is designed to revitalize their occupations, encourage them to form a habit of compulsory monthly saving, help them break free of the debt bondage of private money lenders and improve their financial health. Until now, VSSM has provided interest free loans of around ₹ 3.39 crore to more than 3352 individuals/



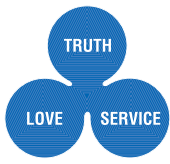
families. At present, VSSM has given interest free loan to around 180 families on experimental basis to store grains. There are many success stories. Mittal will report some of the stories in her detailed report. These have tremendous demonstration effect and many more tribals now want to change their lives. The respect that these people have for Mittal & for her field workers is to be seen to be believed.

### Education Programme

The children of nomadic and de-notified tribes are one of the major constituents of the groups that even today do not enjoy their fundamental right to education. To provide elementary education and to fulfill the dreams of these children, VSSM runs two hostels: **Shri Gambhirchand Oomedchand Shah Chhatralay** (Boys' Hostel) and **Unnati Girls' hostel** in Ahmedabad. In these hostels 68 girls and 158 boys from nomadic and de-notified communities stay and study. The construction of a **Hostel in Kakar village** of Banaskantha has been completed as planned. At present, due to Covid Lock Down, all the hostels are closed. The hostels will commence after Lock down is lifted.

### Mavjat Karykram – Senior Citizens:

One group that has continuously caught our attention throughout is the group of the poor and weak senior citizens. These individuals are above sixty years of age; do not have family, are too old or too sick to work, have no alternative except to beg for living. These individuals, in their youth used to earn by doing labour work. With their meagre incomes they could not save for old age. Thus, now in the last years of their lives they do not have anything to support themselves. VSSM has seen the need to care for them; to let them experience love and care. The biggest challenge for these individuals is food. Some have nothing to eat. Some others even if they have grains; are too weak to cook for themselves. They need two proper meals a day to keep going. VSSM's 'Mavjat Karykram' provides food to these elderly individuals in two ways - one is a community kitchen and the other one is distribution of grain kits. At present, 98 elderly individuals are



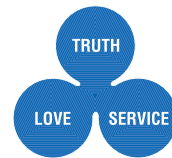
provided grain kits as well as 15 elderly individuals are provided in a community kitchen at LP Sawani Nagar in New Deesa in Banaskantha. Many donors have come out to sponsor either individual senior citizens; or to donate for the Mavjat Karyakram.

### Housing Programme

Nomadic and De-Notified Communities never had a permanent address or a pucca house. A stable residence leads to secure and dignified living. In order to help nomadic communities, achieve the same, VSSM supports the construction of houses. So far, 938 houses are constructed in various areas of Gujarat. At present, houses at Kakar and Rajkot are being constructed. This programme takes up tremendous efforts & field workers' time. Government has schemes to provide plots of land for these poor people; and to provide cash for construction of houses. However, the tribals have no guts to even enter government buildings. They cannot face government officers. VSSM is the bridge between the tribals & the Government. And VSSM also provides bridging finance – the difference between actual cost of construction and Government aid. This is the costliest programme for VSSM & they need substantial donations. Recently Surendra Nagar Collector has released 2,000 plots for tribal housing. Actual possession will take time. But eventually, houses will be built there. VSSM normally contributes by engineering supervision and other guidance by appointing professional engineers. Assume that VSSM contributes / bears the costs per plot of only ` 25,000; it will need ` Five Crores for this programme alone. Donors can sponsor one house, ten houses etc. as per their budget.

### Participatory Water Management Programme

VSSM started Participatory Water Management Programme in 2015. So far, it could dig 115 lakes. This year also VSSM began the work, but Covid-19 crisis delayed the execution. Two months of summer time – April & May, 2020 were lost. Nonetheless, VSSM has been successful in deepening 27 lakes in the first season of 2020.



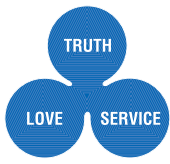
In the lake digging work, the cost of earth moving machinery (JCB) is borne by VSSM from donations and the excavated soil has to be lifted & transported away by the villagers. The cost of lifting & transporting the soil is almost equal to the cost of the excavation. Thus Villages fully participate in this programme. If any village is not ready to actively participate in the programme, VSSM refuses to work in that village. When VSSM started the work of Water Management, it was difficult to motivate the villages to participate & actually pay part costs of lake desilting. They had to explain to the people how to dig the lake and remove the soil. After the success in a few villages, due to demonstration effect now many villages want lake desilting works in their villages. Work is gradually becoming easier. Some villages even contribute to the excavation of the lake. This is a huge programme. And VSSM can almost desilt as many lakes as the donations received can support. Normal annual budget for water management can be ` Three Crores.

### Tree Plantation Programme:

Rainfall is very low in Banaskantha. The trees have a great significance. In view of this importance, VSSM started planting trees in the villages where lakes have been deepened. So far, VSSM could plant 47,246 trees in various villages of Banaskantha.

### Vadia Rehabilitation

The nomadic and de-notified tribes are practitioners of professions that are handed down from generation to generation. Saraniya is a community specialised in making weapons like swords & spears. This occupation had lost its meaning before several decades. Then they turned to making kitchen knives. With the advent of factory made modern, low cost kitchen knives, even this vocation had lost its value. Finally out of sheer desperation, some frustrated women started prostitution. That spoiled the image of the community and they could not get any other work. So they were pushed in a situation where entire village had no alternative except prostitution. Soon a tribe of powerful influential brokers came up & kept a vice like grip on the poor ladies. Girls at the age of eleven years were pushed into the hell of forced prostitution.



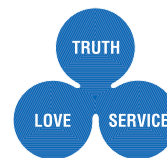
In 2005, Mittal began working in Vadia. She started with education & similar innocuous works. In the year 2010 Mittal incorporated VSSM as a society for the nomadic tribals. With the support of field workers and donations VSSM carried on the activities with serious efforts. There were great challenges including threats to the life of field workers as well as Mittal's family. This is where Prime Minister Shri Narendra Modi's intervention helped safe guarding VSSM team. The persistent efforts by VSSM have brought an unprecedented change in the lives of people here. So far around 30 women from Vadia have got married. They are given Buffaloes as their wedding gifts so that their families can earn regular income. Overall a hundred families have given up their vocation and are now carrying out agriculture, retail trading or similar other vocations. Many girls are now going to schools.

These changes have given the girls hope & courage. The girls now can believe in living a life full of possibilities of a better tomorrow. The activities which VSSM has been carrying out in Vadia are: building houses, reviving bore-wells and lakes, rejuvenating the farming land, providing interest free loans to the families to help them start their own business, starting a hostel to specifically house the small girls of Vadia and linking them to good private schools.

We (VSSM & FVD) dream and we work for a day when no girl and no woman in Vadia will be forced into prostitution. Your donation is very helpful in eradicating hell from a small corner of our country.

### **New Hostel cum Vocational Training Facility:**

VSSM had dreamt of starting a hostel cum vocational training center for the children of Nomadic, de-notified and other deprived communities. Shri Chandrakantbhai Gogri has purchased land for this facility that VSSM dreamt of. This land is situated at Pansar Village, 50 kms away from Ahmedabad. Once all statutory procedures are completed, construction will begin. He will build on



the facility of 25,000 sq. ft, and hand over to VSSM for its hostel & vocational training. Continuous support by donors and blessings by well – wishers have made it possible for Mittal to phenomenally expand her works.

Contact Person	Ms. Mittal Patel
E-mail	vssmgujarat@gmail.com
Contact No.	079-26860378 / 79
Mobile number	90999 36011
Website	www.vssmindia.org
<b>VSSM Bank Details:</b>	
Bank Name	Dena Bank
Branch Name	Ambawadi, Ahmedabad
Account Name	Vicharta Samuday Samarthan Manch
Account Number	085710024266
RTGS/IFSC Code	BKDN0110857



## Independence

Independence of every NGO is the desire of FVD Core Group. Every NGO should be independent of us and every beneficiary (poor people) should one day become independent of the NGO. We are happy that today all FVD NGOs – except Avalkhandi Kelvani Trust are independent. With this intention we have given mailing list of FVD donors to every NGO. We encourage NGOs to write & communicate directly to all donors. All donors are given full details of the NGOs assisted by us. We will be happy if the donors talk directly with the trustees & even visit them. There is nothing like personal, on-site visit to see the quality of work being done.

## Sarvodaya Parivar Trust

At–Pindval, Ta–Dharampur, Dist–Valsad

Email: pindvalvinoba@gmail.com

— Sujata Shah

In the year 2000, Sarvodaya Parivar Trust (SPT) developed a campus Khadki. This campus was established with a dual purpose of conserving natural resources and providing agricultural & employment opportunities to the tribal of Dharampur. The project is known as “Jal, Jameen and Jungle Conservation Project”.

SPT follows a very unique method of conservation. They ask all their staff members and students to collect seeds of local trees fallen on the earth. With these seeds they grow saplings in their nursery. The saplings are then planted to grow tiny forests in villages (Gramvan) in and around Dharampur.

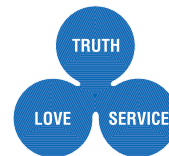
The broad objectives of the Jal, Jameen and Jungle Conservation Project are:

- Construction of check dams on streams for water conservation
- Construction of embankments (Bandhpala) to conserve soil
- Facilitate land levelling by farmers of their uneven & sloppy field
- Develop nurseries & tender saplings to develop “Gramvan”
- Provide Mango Saplings (Aamba Kalam)
- Provide quality winter seeds

### Check dams:



- Earthen check dams are build using local materials and resources
- The site for check dam built by the SPT is decided and located by the people in the villages.



- 24 check dams were built in 12 villages at an average cost of ₹ 1,07,356 per dam during the year 2019-2020.
- Total work done was 23872.82 cubic meters.
- 25786 man-days were used and 1,07,356 kilograms of grains were given as an incentive.

## Bandhpalas (embankments):

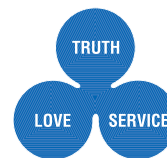
- 1272 bandhpalas were built in 9 villages/hamlets
- 1,03,000 kg of grain was given as incentive
- 2500 acres & 25 guntha of land could be protected
- 38212.84 cubic meter work was done



## Levelling of Sloppy and Uneven Farmlands:



- 406 No. of fields has been levelled by 406 farmers of 3 villages.
- Total 24842.24 cu.mt. work done.
- 33,390 kg of food grain has been distributed as an incentive to tribal farmers.
- Each Farmer Constructed their own organic pit at their backyard i.e. in total 406 organic pits.



Summary of the work during 2019-20:

Nature of work	No. of Vil-lages	Descrip-tion of work	No. of benefi-ciaries	Benefit-ed land area (acre )	Measure-ment of work (Cu.mt.)	Distri-bution of food Grain (kg)	Total ex-penditure (in ` )
Con-struction of Bandh-pala to prevent Soil ero-sion	9	1272 No. of Em-bank-ment con-structed	1272 No. of farm-ers con-structed Bandh-pala	2500 acre & 25 Guntha of land has been protect-ed	38212 Cu.meter of rubble work has done	1,03,000	24,72,000/-
Level-ling of the uneven and sloppy fields	3	406 No. of Field has been levelled	406 No. of farmers levelled their field	631 acre of land has been levelled	24,842 Cu.Meter Soil work has done	33,390	8,01,360/-
Con-struction of new Check-dams	12	24 check-dam has been con-structed for which 25786 man days utilized	3360 villagers has been benefit-ed	830 acre of land has got the benefit of water from Check dam	23872 Cu.Meter work done	107,356	25,76,544/-

Nature of work	No. of Vil-lages	Descrip-tion of work	No. of benefi-ciaries	Benefit-ted land area (acre )	Measure-ment of work (Cu.mt.)	Distri-bution of food Grain (kg)	Total ex-penditure (in `)
Repair-ing of old check-dams	23	62 old check-dams has been repaired for which 14454 man days utilized	—	—	13,618 Cu. Meter of work done	61,190	14,68,560/-
							<b>73,18,464/-</b>

## Nursery and Gramvan:



*In the last 18 years, SPT has grown approx. 35,000 saplings every year in the Khadki center nursery. Total 6,24,158 saplings are grown and nurtured so far. During 2019-2020 they grew 62,588 saplings of 28 different species.*

*47 Gramvans have been developed in total 35 villages so far.*



### Mango Saplings and Winter Seeds:



*Over the last 15 years, total 37,104 mango saplings have been distributed to the farmers at their door steps at half the market rate.*

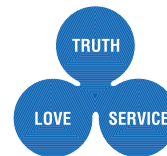
### Current year Planning for Conservation Projects and Budget:

Sr.	Nature of work	Detail of the work	Estimated Budget Rs.
1	Construction of embankment (Bandhpala) to prevent soil erosion	In 9 villages, approx. 945 farmers will construct around 20,750 cu.mt Bandhpala. As an incentive approx. 83,000 kgs of food grain which cost ` 24 per/ kg resulting ` 19,92,000/- is budgeted.	19,92,000/-
2	Levelling of the uneven and sloppy fields	830 no. of fields will be levelled by the farmers of 5 villages. In which 16,600 cu. meter soil work will take place. As an incentive 74,700 kg of food grain will be distributed among them at the rate of ` 24 per kg amounting to ` 17,92,800/-	17,92,800/-

Sr.	Nature of work	Detail of the work	Estimated Budget Rs.
3	Construction of new check-dams	21 no. of new check-dams will be constructed in 11 villages. Rough estimation of a check-dam comes out to be Rs -1,00,000/check-dam at a budget of ` 21,00,000/-	21,00,000/-
4	Repairing of the old check-dams	We have constructed 297 Check-dams so far. Out of them roughly 47 no. of check-dams requires repairing. On an average, the estimate cost of repairing per check-dam is around ` 21,000/-totaling to ` 9,87,000/-	9,87,000/-
<b>Grand Total</b>			<b>` 68,71,800/-</b>

### Some outstanding features of SPT:

- Trust runs solely on contribution from over 900 donors. No govt. grants.
- Trust workers are local tribal who are educated & trained in respective trades from trust only.
- For beneficiaries, nothing is free of cost. Often contribution is in the form of voluntary work in lieu of money.
- “Food for Work” – SPT provides help in form of grains rather than money.
- 85%-90% of the funds are directly appropriated to the overall “sewa” initiatives for tribal & administration cost is minimized.
- Our initiatives are targeted to make the tribal **self-reliant** for their day to day living.



**Bank and Other Details of SPT:**

<b>Name</b>	<b>SARVODAYA PARIVAR TRUST, PINDVAL</b>
<b>Address</b>	Village :Pindval, Taluka : Dharampur, Dist: Valsad, Pin:396050
<b>Key Persons</b>	Ms. Sujata Shah, Shri Savji bhai Bagada
<b>Contact person Email</b>	pindvalvinoba@gmail.com, savjibhaibagada@gmail.com
<b>Contact No</b>	02633-292540, 292436
<b>Mobile No</b>	98258 73338, 8758458662
<b>Web site</b>	www.sarvodayaparivartrust.org
<b>Income Tax Registration No</b>	CIT/VLS/TECH/SPT/2009-10/dt. 19.6.2009
<b>PAN</b>	AAHTS 6245 E
<b>Trust Registration No</b>	E-578 I Valsad / 01.05.1975
<b>Whether donation eligible under 80G</b>	Yes
<b>FCRA registration no</b>	04200019/dt.15.03.1985
<b>Bank Details:</b>	
<b>Bank Name</b>	Bank of Baroda
<b>Branch</b>	Dharampur Branch, Gujarat
<b>Account Name</b>	SARVODAYA PARIVAR TRUST, PINDVAL
<b>Account No</b>	13490100000325
<b>IFSC Code No</b>	BARB0DHABUL
	<b>FOREIGN FUND BANK DETAIL</b>
<b>Account Name</b>	SARVODAYA PARIVAR TRUST, PINDVAL
<b>Bank Name</b>	ICICI Bank Valsad Branch, Gujarat
<b>Account No</b>	006801002341
<b>IFSC Code No</b>	ICIC0000068

## Malvi Educational and Charitable Trust, Kukeri. Shantaba Vidyalay (School) & Vatsalyadham (Hostel)

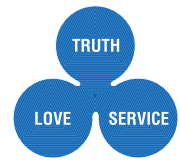
— Shri Parimal Parmar

### Background:



Shri Parimal Parmar is a man with many dreams. All dreams are for educating the tribals. He follows his dreams with amazing commitment. A low profile quiet looking man has great energies. He is now accompanied by Shri Vineeth Iyer, Ms. Preethi Iyer and two dynamic Principals, "Pradeep Tandel" and "Kaushik Padher. Malvi Educational & Charitable Trust (MECT) has achieved in Fifteen years more than what others have achieved in Thirty or Fifty years.

**Shantaba Vidyalaya** (project) was started in 2005 by Mr Parimal Parmar, who is a native of **Kukeri village** and who hails from a family of teachers. Despite having several qualifications and a job in the lucrative IT sector, Parimal quit his career at an early age. He decided to follow the footsteps of **his late widowed grandmother "Shantabaji"** and dedicate his life for the betterment of the tribal community in his area. Children who were most vulnerable; orphans and girls were Parimal's focus. In order to get his project in mission mode, the Founder used all his life savings to purchase land and construct a small primary school. It started with just 32 children from the local Halpati community; known for engaging their



children in farm labour. Not a single community boy or girl had ever completed education beyond 8th Grade. However, the students along with their teachers worked hard and the school started to develop a reputation locally. Support from well-wishers increased and with their kind donations, not only was the school campus enhanced, but the Trust (MECT) also built a fully free residential facility for students that needed residential care. As on date, 100% of the 580 students (pre-school to XII) can avail of the hostel. 40% of them are in orphan category and 60% are girls, especially in higher grades. His commitment for the “Lowest of the Low” reminds Mahatma Gandhi’s Tavij: “When you are working for the lowest of the low and you are trying to make that man independent; God is with you.” (Summarised message.)

### Key Persons of the Trusts:

Vineeth Iyer and Preethi Iyer are engaged as mentor partners for the activities of the Trust. Vineeth is a post graduate in Human Resources Management with 10 years’ experience in the corporate sector. Preethi has completed



her MBA in the Finance stream. Together they are supporting Parimalbhai and the team to achieve their goals. Imagine a couple after getting such high degrees goes to a remote village school & teaches tribal children. This is their contribution of their lives.

Vineeth’s area of support is at the primary grades where he believes change always starts. In forging partnerships with other institutions and working closely with the teaching team in enhancing the pedagogy, his mission is to transform Shantaba Vidyalaya into a model school which can serve as a hub for other local schools with similar struggles.

**Preethi** works closely with the hostel staff in streamlining the processes. The Team of Three – MECT aspires to replicate their advanced systems in a hundred Vatsalyadham extension centres, to be set up across South Gujarat. She is also closely involved in enhancing the “early childhood curriculum” by bringing in top practices adopted by leading institutions in the field.

Their twin daughters are happy to be studying in Grade 2 of Shantaba Vidyalaya, learning rich Sanskar besides the academic part.

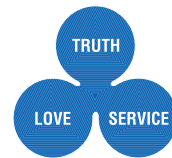
### Key Focus Areas (2020-21):

With Covid affecting the education sector in an unprecedented way, the Shantaba Team has used the time to strategize on processes or priorities that will have long term benefits. Some major initiatives have started / being implemented:



*“Training the Teachers”*

Students who aspire to get into fields related to Medical Science will be provided Coaching for NEET Examinations starting 11th Grade itself. The teachers are working on creating content (mini modules) that will help students. Many of the past students have got into nursing courses, and only one is aspiring to do MBBS. MECT targets to add many more to MBBS studies



In March 2020 due to Covid Lock Down the school & hostel were closed. Almost all students went back to their homes. However, 22 orphan students continued to stay in Vatsalyadham (hostel). MECT would not rest during lock down. Even though the teachers came from locations in the vicinity of the school, they travelled to the homes of each of their students to understand the situation on the ground. This helped them in designing learning content that could be practically implemented. Some parents were so motivated with the commitment of the teachers, that they invested in smart phones and personally tracked home based assignments.

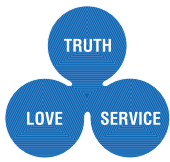
After some weeks when Parimalbhai visited children at their homes, he could not recognise them. With the usual mal-nutrition in tribal communities the children had gone weak. He realised that the families needed food grains. Since June, MECT team (including teachers) have visited every family twice and handed over food grain kits. This was only possible due to generous support from donors.

In October 2020 secondary and higher secondary grade students have resumed education in school & hostel. The team will continue the kit distribution process till the time other students also return.

(FVD Core group observation: The root cause is poverty amongst tribals. All NGOs should start poverty alleviation together with their main activities. We suggest. NGOs decide what they will do.)

Unfortunately it seems that primary school students will not join till March 2021. While the government is unsure about steps to be taken, there is a resistance from parents as well. In order to get students more tuned to self-learning, the primary teachers' team is working on digitizing the curriculum being developed in-house. This will be for the subjects English and Maths. Once ready, students will have dedicated time for self-paced tablet based learning from Academic Year 2021-22.

With the help of an external consultant, Dr Vijay Thakkar, middle school teachers are working on designing a project based learning calendar covering key concepts in the syllabus.



### Long Term Goal: (2021-2025):

- a) Set up 100 Vatsalyadhams in partnership with government schools across the tribal districts of South Gujarat.
- b) 100 students passing from the higher secondary should enter the top medical streams (MBBS, BAMS, BHMS, BDMS, BPT)
- c) At least 50% of the Vatsalyadham caregiver team as well as Shantaba School teachers will be from the past students.
- d) Shantaba Vidyalaya will be recognised by the government of Gujarat as a quality education model and nominated to provide support in improving its system in South Gujarat.

### Bank Detail:-

1. Cheque or DD in favour of Malvi Educational & Charitable Trust, Kukeri

**Bank Details:** HDFC bank branch: Chikhli. A/C No. 22211450000012;  
RTGS/NEFT IFSC: HDFC0002221

**Bank Details:** SBI bank branch: Chikhli A/C No. 10868674220

**IFS Code:** SBIN0011022

**Contact Person:** Parimal Parmar Mobile Phone: 094274 63773 / 7574000838  
Email Id: shantabaschool@gmail.com

**Correspondent Address:** Brilliant Computer Center, 2nd Floor, Above "Jamnaba" Hospital, Jaydeep Shopping Center, Taluka Chikhli, District Navsari, (Guj), Pin-396 521

**Registered Address :** Shantaba School (Malvi Educational and Charitable Trust) Post Kukeri, Nava Patel Street, Taluka Chikhli, District Navsari:396560



## ARCH

### Action Research in Community Health

— Rashmi Kapadia & Team, Dharampur .....



*Shri Rashmi bhai Kapadia and Shri Sudarshan bhai Iyengar (Trustees)*

### Established in 2000 A.D. ARCH provides following services in Dharampur:

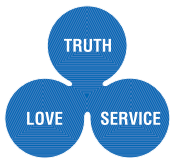
Rational medical care within the affordable cost at (i) Dharampur dispensary and at (ii) Vavar village center and at the door step of villagers of 24 project villages. ARCH closely looks at the root cause of the health problem in villages with focus on Maternal child health problems.

### MATERNAL CHILD HEALTH (MCH)

Maternal Child health program at community level reaching to the population of 50,000. Providing essential care during important period of pregnancy, lactation, Infancy and adolescence,.

### DHARAMPUR DISPENSARY

ARCH Keeps track of disease profile of dispensary patients and design appropriate measure to address the need such as low cost packages for chronic diseases, fertility treatment and adolescent clinic.



### VAVAR DISPENSARY

ARCH Demonstrates how a committed individual can provide effective primary health care services to poor villagers in deep interior area far away from any kind of proper health facilities. Medical care in private sector is very costly for people living in Dharampur forest villages. Despite the high cost the medical service does not lead to proper cure in many cases. Further, tribal people living in the villages lack the facilities for effective medical care - private or government. They are ignorant about many serious but preventable health problems and their causes. Then they go to village tantriks (भुजा).

ARCH provides good quality medical care at very low cost to nearly 46,000 patients every year in its two clinics and monitors about 50,000 villagers for health awareness. ARCH has designed approaches that give basic health care services and also continuously try to identify the existing and emerging problems. ARCH then works on solutions both at (i) dispensary such as Chronic care programs for Diabetes and Hypertension, Infertility clinic and Adolescent clinic. And also at (ii) community e.g. education programs for expectant and lactating mothers, newly married women, nutrition awareness program for malnourished children, human body awareness and reproductive health program for adolescents etc.

### General Out-patient Dispensary

Dharampur Town which is connected with bus services from all villages is the best place to have a dispensary. It offers outpatient medical services at subsidized rate including laboratory testing, counseling and medication. During 2019-20 about 20,500 patients visited the dispensary.

ARCH team at dispensary was most exposed to infection risk arising out of Covid-19 pandemic since its beginning in March 2020. But at the same time it was necessary that our medical services should continuously function as majority of other dispensaries remained closed. Since April 2020 after the lockdown about 6,000 patients have availed the services of the dispensary. Following steps were taken.

1. New sitting arrangement for waiting patients to maintain social distance.
2. Hand washing and sanitization arrangements before the patients enter the dispensary.
3. Triage where pulse – temperature is recorded for all patients to identify probable Covid-19 patients.



4. Dispensary staff provided with PPE kit.

Chronic disease care: A low cost package program was launched for Diabetes and Hypertension patients last year. Initially ARCH assumed that these thin looking tribal people who physically work hard will be spared from the so called disease of the modern lifestyle. But in reality there is not much difference in the percentage of high sugar level between urban and rural areas.

Patients with chronic illness need lifelong treatment and even though our charges are low, it all adds up at the end. ARCH wanted to provide all the

necessary services including medication and investigation at a fixed cost irrespective of number of medicines. This way the protocol for investigations and medicines can be followed diligently. Another goal was to increase the compliance for the treatment which is critical for proper care. In the year 2019-20, out of 973 patients 473 patients opted for this scheme and since April 2020 nearly all 600 patients are under the scheme.

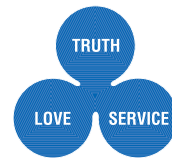
ARCH had to close dispensary for about a month during the lockdown period, but ARCH provided patients with chronic illness their regular supply of medicines for two to three months.

### Infertility Clinic

The Infertility Clinic works to see a smile on the faces of childless couples and that is the reward and award.



The Infertility Clinic is known for its proper diagnostic care; highly subsidized treatment and most importantly counseling to infertile couples. On an average 300 to 350 couples a year seek consultation. Our future challenge is to improve



communication so that every couple with treatment and outcome turn up for follow up visits and deliver safely. The average cost of treating a childless couple is between ₹ 1,000 to 2,000 while they spend on an average Rs 5,000 to 10,000 outside in private facilities. The consultation procedure was altered in view of the preventive measures and protocols to avoid the risk of COVID19 infection. ARCH is relying more and more on tele-consultation since June 2020. The Doctor is connected with the patient through a Tablet and smart phone. During 2019-20 total 346 new couples registered with us and 114 mothers conceived.

### Vavar Dispensary

Tribals are deeply entrenched in misconceptions of human body, culture of ghosts and evil spirits. With basic education new generation now they utilise our center's services right in the heart of rural area. The center has created its reputation because of two primary reasons. The first reason is word of mouth. People who get better at the Vavar center recommend it to their families and friends. The second reason is the negligible cost of treatment. ARCH also focuses on health awareness and prevention hence counseling is a vital part of the treatment. About 8,000 patients receive treatment every year from 65 neighboring villages including villages from Maharashtra.

### Maternal Child Health Program (MCH)

Empowering local communities especially making women stronger and encouraging them to be in charge of their own health as well as help other women along the way.

Since 2006 ARCH is working towards the goal of improving quality of care during the important period of ante natal as well as post natal and reduce the incidence of maternal and infant death.



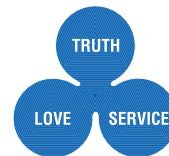
*Home visits to spread awareness about the Mother and Child Health Program*

Home visits a distinct feature: Awareness generation and one to one active intervention during home visit with pregnant women, lactating mothers, malnourished children, adolescent girls and newly married couples is a distinct feature. This allows us to build strong rapport with beneficiaries.

Covid-19 pandemic brought everything at stand still in our MCH program during first lockdown. After providing necessary training to our Village health workers (VHWs) (दाई) along with masks, soap and sanitizers the work began again with sole focus on high risk pregnancies, severely malnourished children and post-natal visits.

In September 2019 ARCH recruited and trained 20 new VHWs. ARCH conducted baseline population survey of 2,002 household in new hamlets covering population of about 12,200 on demographic and related socioeconomic variables.

During year 2019-20 779 mothers received services. Total 550 deliveries were registered and 229 ANC continued in year 2020. Total 690 newborn infant kits were distributed since October 2019.



## Reaching out to people during lockdown

ARCH identified families which could not get the supply from public distribution system and supplied them with ration kit enough to survive for one to two months. Total of 330 such kits were delivered to 200 families

## Estimate of the Expenditure for the year 2020-2021:

Total annual expenditure of Medical Care Program at Dharampur and Vavar; and Community Health Program for 24 villages comes to around ` 90 lakh. ARCH has been able to generate support of ` 65 Lakh.

Thus ARCH still needs to raise ` 25 Lakh for total Health programs especially for MCH activities for the current year to fill this gap.

**For detailed report or further information on any program please contact us on:**

### ARCH

C/o. Mr. Rashmi Kapadia

Nagariya, Dharampur, District Valsad, PIN- 396050

Tel: 09879178223, 09825651341

[rashmidharampur@gmail.com](mailto:rashmidharampur@gmail.com), [arch.dharampur@gmail.com](mailto:arch.dharampur@gmail.com)

Income Tax Registration under 80G No.104-26 A/2009-10 24/9/2009

FCRA Registration No. 041 99 00 15/30-1-1985

### Bank Details

Axis Bank Ltd. Asura ,Valsad - 396050

SB A/C NO :- 059010100180948

IFS Code-No. UTIB0001753 (0 IS ZERO) / MICR – 396211191

Please make check payable to: "ARCH - ACTION RESERCH IN COMMUNITY HEALTH & DEVELOPMENT"

## Avalkhandi Kelvani Trust

Shri Kantibhai Choudhary & Shri Navinbhai Ganvit, Dharampur .....

### Education:

Avalkhandi Kelvani Trust (AKT) manages a hostel for about 150 students. From March 2020, because of Covid Lock Down the hostel is closed. AKT has continued paying full salary to the teachers & non-teaching staff. Children have gone home & their education has suffered. However, to some extent AKT has tried to salvage the education. Teachers go to different villages and gather the children. They all sit together in any convenient place – village school, or some one’s home-veranda; or even under a tree. All students have been provided with cloths, books etc. at home.



*Kantibhai & Navinbhai – trustees of AKT going from home to home for distribution of books.*

Main advantage of these village rounds is that children’s interest in education is maintained.

Somabhai at Avalkhandi is teacher, and at the same time can repair many things at the hostel. Since the hostel is almost sixty kilometres away from Dharampur town no plumber, electrician, carpenter is ready to come for minor repairs.



AKT team does all these works themselves. Somabhai loves teaching children in open atmosphere.



Total annual expenditure for hostel maintenance is about ` 30,00,000 (` 2,50,000 per month). During Lock down it is reduced to ` 65,000 per month.

## Village Welfare:

Removing/reducing poverty is the first priority for FVD. If parents have enough to eat, they will permit children to study. AKT conducts several programmes for village welfare. By taking over Vanpath projects, it has not allowed Vanpth welfare activities to close.

At Avalkhandi the Covid scare has been very low. In March, April Government instructions were vague even for farmers. However, by May, the farmers were allowed to go to their farms. Hence agriculture has been carried out well. AKT work on water management, tree plantation and seed distribution for winter was carried out well. In fact, in the year 2020, the work was more than the normal years. More than 1,300 farmers have benefited by these schemes. They are very happy.

### Tree Plantation:



AKT makes a survey of saplings desired by the farmers. Then buys good quality saplings, transports them to different villages and then distributes at half the cost of purchase. This year AKT distributed 4,900 saplings at a cost of about ₹ 7,15,000. Since farmers have a vested interest in the trees, they take care of their own trees.

### Lakes:

As reported earlier, AKT has dug & created new lakes. Two on the top of the mountain and one within village. These lakes have increased underground water supply significantly. However, Avalkhandi is at a height of about 2,000 feet from mean sea level. Hence by February/ March most of the underground water goes down to lower levels. For reducing the speed of underground water movement, we have planned to grow maximum trees on the hill. Where the land is being tilled by farmers, we encourage them to plant trees. Where open land is available, AKT has planted trees and borne full cost.

AKT scheme is that if any tribal offers his land for lake digging or such public benefit; then a similar plot is developed at a site selected by the tribal. Full cost is borne by AKT. The tribal is given 150% of the land offered by him. On the top of the hill, there is a fine site for developing another lake. The tribal tilling this land voluntarily offered his land to AKT for lake development.



*This gentleman has offered his land.*



*This site (below) is for new lake (circled area) on top of the hill – at about 2,000 feet height.*

*Since it is slightly low lying compared to surrounding area, it is ideal to collect rain water. In the year 2020-21 AKT will dig a new lake at this site. Another plot of land will be cleared for the tribal farmer as compensation for his land. Total cost may be between Rs. 5 lakhs & Rs. 10 lakhs. It depends on actual quantity of digging.*

*Sarva Shri Kantibhai, Santubhai & Ladakbhai inspecting the site for new lake.*

AKT is considering several sites for developing new lake at Avalkhandi. The objective for water management is that there should be enough drinking water for whole year; and farmers should be able to take two crops a year. It looks easy. But real life is difficult. As more water is available, farmers irrigate more & more land and consume huge quantity of water. Earlier they could take only one crop-monsoon crop. Now they are eager to cover huge area for winter crop also. We are fine with it. Ultimately, our objective is that the farmers' incomes should grow.

### Winter Crop:

Earlier, the farmers were always hand –to- mouth. Every year for buying seeds & fertiliser etc. they were dependent on money lenders. With water management for last twenty years, farmers’ dependence on money lender has gone down significantly. And yet, farmers are not rich. They still need some supports. For taking their second crop, AKT has distributed seeds at half the cost. Totally 1,320 farmers have taken seeds and will take winter crop. FVD expenditure – net of contributions by farmers – ` 2,16,000.



*Farmer is getting ready to plough his farm for winter crop. In Dharampur many farmers use buffaloes for ploughing.*

### Bandhpalas:

Last year (2019-20) AKT has done bandhpala work on a large scale. And looking at the demand from tribal farmers, in the current year: 2020-21 we can do much more work.



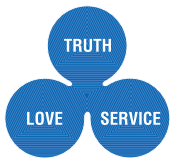
*This small looking stream becomes powerful in monsoon & erodes farms on the banks. Hence a tall bandhpala is built to protect the farms. Such a stone wall will prevent soil erosion & will prevent stream water from entering farm.*



*After completion of Bandhpala, food grains are distributed.*

Total cost of Bandhpalas during the year 2019-20 has been ` 20,41,000 and 1,200 farmers have taken benefit of this scheme.

AKT has been general welfare provider for the Avalkhandi village. New well has been dug. Old wells have been repaired. Village roads have been repaired in such a way that the usual damage due to rain is minimised.



Overall AKT team has been a blessing for Avalkhandi village and also for many areas covered by different schemes. For year 2020-21, we plan Village Welfare work at ` 50 lakhs. For the hostel, usual expenditure for salaries & establishment will continue. In a regular year without lock down, the educational expenditure is ` 30 lakhs. Thus AKT's total annual budget is ` 80 lakhs.

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<b>Shri Kantibhai Choudhary:</b>	076984 34683; 097274 27376.
<b>Shri Navinbhai Ganvit:</b>	094279 79569; 099781 78308.
<b>Rashmin Sanghvi:</b>	98201 94491.
<b>Bank details:</b>	
<b>Name</b>	Avalkhandi Kelvani Trust
<b>Address1</b>	Avalkhandi faliya, post- Mohpada, Taluka-Dharampur, District -Valsad, Gujrat. Pin code- 396050
<b>Address2</b>	Dr. Dolatbhai Desai, Swami Vivekananda Clinic, Near Bus depot, Dharampur, Dist- Valsad. Pin Code – 396050
<b>Contact Persons Email:</b>	
<b>Dr. Dolatbhai Desai</b>	drdesai78@yahoo.com;
<b>CA Atul Doshi</b>	atul@ahaholdings.co.in
<b>CA Rashmin Sanghvi</b>	rashminsanghvi@gmail.com
<b>Income Tax Registration No</b>	AAEETA 6337 J/777/15-16/T-0535 dt. 31.08.15
<b>PAN</b>	AAETA6337J
<b>Trust Registration No</b>	E/2761, Valsad
<b>Whether donation eligible under 80G</b>	YES
<b>Bank Details:</b>	
<b>Bank Name</b>	Dena Bank (Now Bank of Baroda)
<b>Branch</b>	Dharampur Branch
<b>Account Name</b>	Avalkhandi Kelvani Trust
<b>Account No</b>	024610057427
<b>IFSC Code No</b>	BKDN0240246



## Vanpath Trust

Shri Bhikhubhai Vyas & Smt. Kokibahen Vyas  
Dharampur, Valsad .....



My Dharampur trip started in the year 1998 with Shri Bhikhubhai. I was impressed by his simplicity and commitment to help the poor. He showed to me the extreme poverty in Dharampur. Poverty alleviation was my main target in all my social activities since 1987. So in Dharampur it was all the more necessary. We started with water management under Shri Bhikhubhai's charitable trust. This work was so large that I stopped my works at Surendra Nagar district and my work with Vadala footpath dwellers. Common men in Dharampur were poorer than the beggars in Vadala.

In 1998 Shri Bhikhubhai was aged around 68 years. At that time it seemed to me to be too old an age for a person to work in forest area. But Bhikhubhai & Kokibahen were enthusiastic in their work. When Bhikhubhai crossed the age of

75 years, I started asking them to appoint new executive trustees who would take over when Bhikhubhai & Kokibahen would retire. Both of them refused to appoint any new executive trustees. They have appointed non-executive trustees. But that is not adequate.

Slowly many donors joined in the efforts and Bhikhubhai's work expanded. Budget also increased. Other donors also started suggesting that Vanpath should have some younger trustees. But there was no change. The couple is not ready to delegate any powers to anyone. FVD looked at more than 700 students studying under Vanpath Trust. For the welfare of these students and their teachers, all of us continued donations to Vanpath.



*Students at Bilpudi Hostel of Vanpath Trust.*

For last two years Bhikhubhai has been sick. He had to be hospitalised many times. Both have left

Dharampur & started living at their native place Vyara near Surat. Now, at the age of 90 years Bhikhubhai gets tired even by writing an email. Kokibahen's attention is – naturally on Bhikhubhai. Both have reduced their attention to Vanpath Trust. And yet both of them are not ready to appoint new trustees. They have closed one school as they could not manage it. Almost total work on water management has been stopped from April 2020. Most capable & oldest Karyakars of Vanpath – Shri Santubhai Dokda and Shri Ladakbhai Valvi have left Vanpath and joined Avalkhandi. Whatever work they were doing at Vanpath is now conducted under Avalkhandi Kelvani Trust. This is practical because – water management is

conducted on tribal farmers' land; or in common forest area. The schools belong to Vanpath trust and no other trust would like to disturb them. Now with Lock down in March 2020 schools cum hostels (Ashram Shalas) are closed. Water Management is closed. Only activity that continues is supporting students who have gone to different colleges etc. for higher studies.

In the circumstances, FVD Core Group has decided as under:

Vanpath Trust will not have any time during FVD Annual Meetings 2020 and we will communicate facts to all donors. These decisions have been conveyed to Shri Bhikhubhai. We are not asking donors to stop donations to Vanpath Trust. The teaching & non-teaching staffs are being paid salaries. Several donors have sponsored different schools of Vanpath. They may please continue to take care of school expenses. However, no more donations may be made to Vanpath for any capital expenditure. FVD will resume full support to Vanpath Trust after they appoint competent executive trustees.



We pray God: May Shri Bhikhubhai & Kokibahen live a long, healthy & happy Life. We love & respect them.

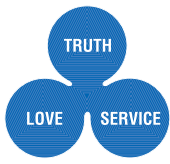
May this fine institution- Vanpath Trust continue to grow under new & committed management.

FVD is ready & eager to help after new management is established by Bhikhubhai & Kokibahen.

God bless Them All

For FVD Core Group  
Convenor

**Rashmin Chandulal Sanghvi**



## FVD Thanks Donors

Let us connect *“our experience with donors”* and *“the philosophy: Ten Tyakten Bhunjitha”*.

— By Rashmin Chandulal Sanghvi

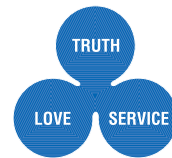
1. A solution for some problems is: “Giving” and not “claiming/ demanding or wrenching.” When one demands a right, love, money, authority, etc., he is causing friction. When one gives rights, love, respect, money, knowledge, he is adding to his own & the universal peace & joy. In a “Giving Society” litigation will have no place. That itself means, there are no problems of ego & greed.

“Give & enjoy”- seems contradictory to those who have not experienced the joy of giving. One can practice it & experience it.

2. Darwin’s principle of evolution says: “Survival of the fittest”. I believe, the law of the nature is: “The stronger helps the weak & thus both survive & grow. The strong becomes stronger by helping others.” This is a Win - Win formula & nature’s law.

I have in my personal notes detailed ten different meanings of the phrase “Ten Tyakten Bhunjitha”. If any participant asks for it, I will separately email all meanings of the phrase. In this report we focus on just two meanings. **Gruhashth (गृहस्थ)** enjoys by donating/ helping. **Sadhu** enjoys by renouncing the whole world. Let us see an illustration here.

3. Late Shri Dineshbhai Shah of M/s. Goodwill Builders had been always a great help to several charitable trusts. He himself ran a large group of charitable activities in his native place in Gujarat. In addition, he helped several other charitable trusts.



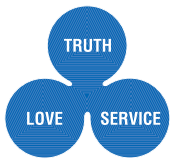
On 26th January, 2001 there was a massive earthquake in Gujarat. I was desperate: "How to help the victims of earthquake". I talked with Shri Dineshbhai. By the evening of 26th January, Shri Dineshbhai got a truck ready to go to Kutch fully loaded with blankets, food grains and other relief materials. Totally ` 5,00,000 worth of goods were dispatched on the first day.

On 11th March, 2007 Vedchhi Pradesh Seva Samiti (Bhikhubhai) and Sarvodaya Parivar Trust (Sujata) conducted Samuha Lagna (simultaneous marriages) of fifty couples. These were all tribal poor people from the forest of Dharampur. Shri Dineshbhai considered all the fifty ladies as his daughters and gave the "Mameru" (Maternal Uncle's gifts on marriage) for all the fifty daughters. When he was reported that all the marriages were conducted in a fine joyous mood and everything was well conducted, he said the following words:

"Sir, please thank all the fifty daughters and their families on my behalf. I am tremendously lucky that they have accepted my gifts and utilised the clothes etc. given by me. I am fortunate that they are happy. And we must have pending relationships of the earlier lives (पूर्व जन्म रूणानुबंध) that I have been able to participate in such a noble work. Please thank the trusts and all the organizers who have worked so hard for the noble cause. And I must have a special relationship from past lives that you have shown me a good avenue for charity."

Think of the situation. The donor donates and then thanks the donee. This is the principle of "Ten Tyakten Bhunjithaha". Dineshbhai enjoyed by giving.

I made a proposal to Shri Dineshbhai: "Let us provide two to three computers in each of the schools in Dharampur. We know about fifteen schools. There will be many friends who will be glad to give their used computers." Shri Dineshbhai replied: "I don't want to give old & used computers. I would give brand new computers. May be a few computers. But whatever I give must be the best."



FVD arranges Annual Meetings at Mumbai. We invite the Trustees & Karyakars of all our NGOs; and all donors. All the people meet in an informal atmosphere and exchange ideas. In the beginning, Core Group consisted of only Late Shri Pradeepbhai Shah & me. I was hesitant about the cost of the meeting. Shri Dineshbhai said he will provide for the cost of dinner to all the guests. "You invite as many guests as you want. You may invite fifty or two hundred & fifty. I enjoy inviting people for lunch & dinner." He sincerely enjoyed when the guests especially from Dharampur met everyone and enjoyed the dinner. "Anna Danam Maha Danam."

With God's kind grace, Shri Dineshbhai's son – Shri Milanbhai Shah continues charities with even more enthusiasm. He has helped each & every NGO in the FVD list; and of course many more NGOs in his own list. Every time he donates, he thanks FVD & the NGO.

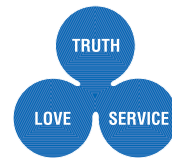
4. A quote from "Communion with God": A book by American author Neale Donald Walsch: "This is a world of magnificent abundance. There is and will be enough for every one. It is in sharing the most, not in gathering the most that the most is received."
5. If you love others, God loves you. Because God is love. And God resides in every heart.

If you share knowledge, your knowledge increases.

If you share your wealth, your wealth increases.

If you spiritually enlighten others, you get enlightened.

6. Once you know "Advait" the ultimate Vedantik concept, you know that when you make others happy, in effect you are making yourself happy. Charity becomes an instrument to gain the knowledge of Advait.



7. FVD = Donors, Core group, NGOs and the poor people – all together constitute – Symbiosis - a natural learning ground for realisation of philosophy. Tena Tyakten philosophy is actively practised here.
8. Like Shri Dineshbhai, there are so many donors who have helped FVD and continue to help. This report is dedicated to all FVD donors.

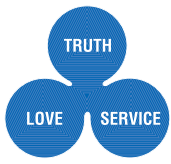
God has been kind and has guided me – as if by holding my hand & taking me to Vadala, Kutch, Surendra Nagar, Dharampur & Mittal Patel. I am forever thankful to God. Biggest gain for me is that I learned philosophy – the principles on which life works – through social service and through many intuitions. Intuitions are God’s direct communications to individuals ready to receive his messages. And God took me to several donors – who all donated with love & respect. This year we specially acknowledge & thank all the donors who have helped FVD become a loving success. For us all donors are important. In this paragraph we are thanking donors in the order of time in which they started helping Rashmin Sanghvi individually & later, FVD.

### Before formation of FVD:

**Hutment dwellers on Vadala footpaths:** I started helping the footpath dwellers in the year 1987. My father – Late Shri Chandulal Sanghvi, Shri Arvindbhai Gangar, Late Shri Jayantilal Gandhi and some donors helped me in the beginning of my charitable work.

**Water Management Learning:** Late Shri Tulsibhai Gajra, Shri Kantisen Shroff and their team at Shri Vivekanand Training & Research Institute, Kutch Mandvi taught me water management and working in rural areas. 1992 to 1995.

**Water Management at Surendra Nagar district:** Shri Pravinbhai Gambhirbhai Shah, Late Shri Rasiklal Doshi, Late Shri Jamnadas Shah, Shri Bharatbhai Shah (Gediwala) & the group of donors from Limbdi laid the foundation for these charitable



activities. Shri Balabhadra Sinh Rana, Shri Hareshbhai Sapra & others from Limbdi & Wadhwan helped tremendously. 1994 to 2000.

Late **Shri Indubhai Shah** donated generously for every charitable activity that I undertook – from helping the hutment dwellers on Vadala footpath to water management in Surendra Nagar district to Dharampur charities and Mittal Patel's VSSM.

For **Latur earthquake** (1993) and **Gujarat earthquake** (2001) many individual donors and Bombay Chartered Accountants' Society, M/s. Ratan Mama & Company – chartered accountants donated generously.

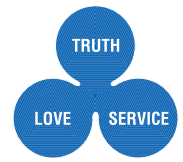
Until the year 2000, I never asked for donations. People who knew me donated without my asking. And for Limbdi Seva Mandal Shri Pravinbhai & others collected donations. All this changed when I entered Dharampur in the year 1998.

### Formation of Friends of Dharampur:

#### Dharampur Water Management & other works:

The poverty in Dharampur (including Kaparada) was so deep & vast that I stopped all other works & got fully involved in Dharampur. This is when God sent me direct help in the form of **Late Shri Pradeepbhai Shah**. He took me to several friends & relatives & I started "भीक्ष्म देहि". My ego was dissolved. I started going around for donations for Dharampur. Soon, Pradeepbhai & I formed Friends of Dharampur & started meeting donors; arranging site visits to Dharampur and our annual meetings.

Because of Pradeepbhai, most of the donors at FVD are either CAs or their clients & relatives. Shri Sudhirbhai Thackersey gave major contribution for establishing hostel at Avalkhandi Kelvani Trust. He contributed major portion of water



management work conducted by different trusts at Dharampur. After Pradeepbhai, his wife Smt. Kokila bahen and daughter Nandita continue to support FVD NGOs.

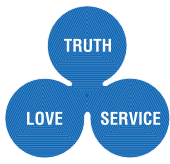
Smt. Parulbahen Anujbhai Sheth, Shri Piyushbhai Kothari, Shri Ulhasbhai Paymaster, Shrimad Rajchandra Ashram, Dharampur; Shri Mumbai Jain Yuvak Sangh, Shri Jayenbhai Shah & group from M/s. Fine Organics Ltd.; Dodeja family from M/s. Vashi Electricals Pvt. Ltd.; Shri Sanjaybhai Shah of M/s. Star Chemicals Ltd.; Shri Rameshbhai Kacholiaji & Shri Nimeshbhai Sumati of M/s. Caring Friends; Shri Chandravadanbhai Shah of Ashaktashram – Dakor; Mrs. Nalinibahen Hasubhai Shah (Ghatkopar); Shri Nileshbhai Kapadia; Solicitor Shri Pravinbhai Veera; Shri Rameshbhai Ajmera & his brothers (M/s. Excellent Bearings); Shri S. E. Dastur; Shri Maheshbhai Shroff; Shri Prakashbhai Bhoopatkar; Shri Kakulal Mehta (Borivali); Mrs. K. J. Udeshi (RBI); Late Mrs. Binita Bahen Mohanbhai Patel; Dr. Mrs. Meena Vora (Matunga); and many donors are the supporters of FVD.

Dr. Vikrambhai Mehta (M/s. Mahendra Brothers) is an amazing man. Simple, low profile person with four doctorates - generously donates & even canvasses for Mittal Patel's VSSM. Shri Hasmukhbhai Sheth (M/s. Sheth Brothers) is another man who thanks me & the NGO every time he donates.

While I am thankful to all, I am not mentioning here the names of many chartered accountants; individuals who have advised me not to make their names public; and many others whose names I might have forgotten. These donors are practising Tena Tyakten Bhunjitha.

My sincere Pranam to all donors & supporters of Friends of VSSM & Dharampur.

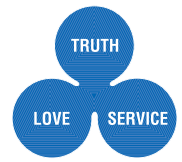
For FVD Core Group  
Convenor  
Rashmin Chandulal Sanghvi



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**Thank You!**  
**FVD Core Group**